

RECOMMENDED ACCOMMODATIONS LIST

Victoria, British Columbia, Canada

SHIFT-IT Coach, Inc



Hotels and Motels

Top Three Most Recommended (closest and range of rates):

Inn At Laurel Point

<http://www.laurelpoint.com/>

Labeled as one of Canada's Top 20 Hotels, just a short walk from Christina's studio. Right on Victoria's Harbour. Christina holds her public workshops here.

Harbour Towers Hotel & Suites

<http://www.harbourtowers.com/index2.htm>

Also very close to Christina's studio. Set off a block or so from Inner Harbour.

Days Inn Victoria Hotel

<http://www.daysinnvictoria.com/>

It's a basic hotel right across from Coho Ferry landing and Inner Harbour.

Other Options:

Helm's Inn

www.helmsinn.com

This is an older hotel/motel style building with a lot of character. You can make your own coffee in the room, and a pay-as-you-go computer is available in the lobby. Great central location.

Abigail's Hotel

www.abigailshotel.com

Lavish, charming and classic are three words to describe this lovely hotel.

The Marriott

www.marriott.com/yyjmc

About the same 20 minute walk from Christina's as is from the Helm's Inn, sits the Marriot. A nice workout gym or a swim in the pool might be fun after a day 'at the wall'.

The Empress

<http://www.fairmont.com/empress>

The Fairmont Empress is a famous landmark in Victoria offering stylish rooms and varied views. 'The lady' sits across from the Inner Harbor boardwalk. Served since 1908, afternoon tea at the Empress has become a long-standing tradition.

Hotel Grand Pacific

<http://www.hotelgrandpacific.com/>

A higher end hotel offering private balconies in all rooms, great Inner Harbour location.

Coast Victoria Harbourside Hotel & Marina

http://www.coasthotels.com/hotels/canada/bc/victoria/coast_victoria/overview

A waterfront location on the Inner Harbour with the only outdoor/indoor pool in Victoria. Christina will take you for lunch here, at The Blue Crab Restaurant.

Surf Motor Motel Ltd

<http://www.surfmotel.net/>

Quaint is the operative word for this 60's motel. Just around the corner from Christina. Kitchenettes ... and good rates (but no restaurant / room service).

B&Bs and Inns

Rosewood Victoria Inn

www.rosewoodvictoria.com

Situated 2 blocks from the Inner Harbour, the Rosewood Victoria Inn is an elegant English style bed and breakfast boutique hotel.

Heathergate House B&B

<http://www.heathergatebb.com/>

Reminiscent of a small English Inn, breakfast includes a selection of starters followed by a full cooked "British Breakfast". A 5 minute walk to Christina's.

Gingerbread Cottage B&B

<http://www.vanessas.ca/>

Quaint Victorian heritage design built in 1905. 2 night bookings include gourmet breakfasts.

Marketa's Bed and Breakfast

<http://www.marketas.com/>

Edwardian comfort with paneled walls and four poster beds. Gourmet breakfast. Reasonable rates.

Andersen House Bed & Breakfast

<http://www.andersenhouse.com/>

A more upscale turn-of-the-century Queen Anne Victorian B&B.

Ashcroft House Bed and Breakfast

<http://www.ashcrofthousebandb.com/>

This 1898 Italianate designed heritage landmark home is another more upscale B&B

Albion Manor Bed and Breakfast

<http://www.albionmanor.com>

Congenial accommodation in a home that is a registered historical landmark rated four and a half stars.

Victoria, B.C. is a worldwide tourist destination; see

<http://www.tourismvictoria.com> for an extensive list of accommodations, tours and activities.

For information on travel to Victoria B.C. see: <http://www.shift-it-coach.com/travel>

SHIFT-IT Coach, Inc

www.shift-it-coach.com

Toll free 1-866-925-2351 (US & Canada)

Direct 1-310-295-1061 (International)

info@shift-it-coach.com