

# RIDE THE FOCUS WHEEL

Find the Better Feeling Thought

5 EXPLORING A NEW PERSON ...THEIR NEW TERRITORY. EXUBERANCE. HAND HOLDING. AFFECTION

4 SAILING IN CARIBBEAN ... THE SENSUOUSNESS OF IT. LOVE IT! SENSE OF ADVENTURE. EXPLORING NEW PLACES.

6 AFFECTION. PHYSICAL PLEASURE. HAVING SOMEONE THERE. WAKING UP NEXT TO SOMEONE

7 EXCELLENT CONVERSATION. REFLECTIONS. INTELLECTUAL. STIMULATING.

8 I HAVE DONE A LOT OF PERSONAL WORK. AM WISER. EMOTIONALLY STRONGER. SPIRITUAL. INTUITIVE ABOUT WHAT IS GOOD FOR ME.

TOPIC:  
HEALTHY, JOYFUL  
RELATIONSHIP, RICH  
IN LOVE

3 HAVE SOMEONE TO SHARE MEALS WITH, COOK, VACATIONS WITH.

1 LOVE BEING WITH MY DAUGHTER ... THE COMES THAT OUT OF THAT

9 I DID MEET SOMEONE JUST TWO WEEKS AGO.

2 THE CREATIVITY OF BEING WITH A NEW PERSON ... NEWNESS, DISCOVERY, EXPLORATION

10 FELT GOOD TO HAVE CLARITY ABOUT WHETHER I WANTED TO PURSUE OR NOT. LIKE MYSELF. RATHER BE ALONE THAN WITH WRONG ONE.

11 WILL EXPAND MY COMMUNITY. OPEN TO ANOTHER COMMUNITY OF PEOPLE.

12 FEEL GREATER SENSE OF EXCITEMENT AND ANTICIPATION THAT SOMEONE IS ARRIVING.

Focus Wheel Map  
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